

Substance Support Services for Young People in Cardiff and The Vale of Glamorgan

Created: January 2019

Tier 3



**Specialised Support
Up to age 18**

Phone: 01443 443013

Highly specialised care provided by the child and adolescent mental health service for complex drug use and co-occurring difficulties where other drug services could not meet the needs of the young person. Referrals can be made by any health/social care or drugs services professionals.

Tier 2



Emotional Wellbeing Service
Cardiff and the Vale

**Brief Intervention
Age 10+ (up to 18)**

Specialist interventions for young people who want to make positive changes to their drug or alcohol use. Referrals accepted from young people, parent/carers and professionals. Online referral option available on EWS website.

Email: SPOC@cgl.org.uk

Phone: 0800 008 6879

Social Media Links:

Website: emotionalwellbeingservice.org.uk

@EWS_cgI

Tier 1



NewLinkWales
Achieving wellbeing in your community



**Awareness /Education Sessions
Up to age 25**

Substance Education and Awareness Team

Education, training and advice for young people and those professionals who work alongside them. Multi-agency team of professionals working from public health, healthcare and third sector organisations.

Email: publichealthwales.switchedon@wales.nhs.uk

Phone: 0292 2330 292

Social Media Links:

Website: switchedon.org.uk

@SwitchedOnLearn