



Secondary Schools PSE Options Matrix

		External Complementary Sessions		
KS	Yr	Scheme of Work	Switched On Secondary Toolkit Topics Include:	Switched On Session Offered:
3	7	Introduction to Substance Misuse	Stereotypes Resisting Pressure Risky Situations	Unknown Addictions Understanding Addiction Sugar, Caffeine, Medicines, Solvents, Nicotine
3	8	Alcohol Awareness	Effects of Alcohol Attitudes towards Alcohol	A Night Out* Alcohol Effects Consent and Safe Dating
4	9	Different Drugs & Making Decisions	Cannabis & Energy Drinks Resistance Skills Helping Others	Fake Energy (Legal & Illegal Stimulants), Ecstasy, Amphetamines, Cocaine, Khat, Nicotine, Caffeine
4	10	Substance Use & Wider Determinants	Consequences of Alcohol Advertising and Media Getting Help	Cannabis Awareness Understanding THC and CBD Effects Discussing Cannabis Legalisation Mental Health Effects and Psychosis
4	11	Substance Use & Safety	Substance Misuse Policy Stereotyping & Media Drugs Life Story First Aid & Solving Problems	Influence and Consent* Alcohol Misuse Medication Misuse and Drink Spiking Consent Influencers
5	12	--	--	Under the Influence: Are You Safe? Drug Categories Alcohol and Drink Spiking Drink and Drug Driving
5	13	--	--	Ready for Responsibility: Are You Really? Drink Spiking and Poly-Drug Use Recreational & Festival Substances Cannabis / Cocaine / Ecstasy / NOS

* Sessions contains links with Substance Awareness and Sex and Relationships Education



Secondary Schools PSE Options Matrix

Each session has a maximum capacity of 30 pupils and lasts between 40-50 minutes.

Year 7: Unknown Addictions

Year 8: A Night Out (this session contains links to SRE)

Year 9: Fake Energy

Year 10: Cannabis Awareness

Year 11: Influence and Consent (this session contains links to SRE)

Year 12: Under the Influence: Are You Safe?

Year 13: Ready for Responsibility: Are You Really?

With sixth form sessions we offer:

A 20-30 minute hall assembly with the whole year group (Yr12 & Yr13 separately)

Before booking us, please note:

- There must be at least one member of staff in attendance throughout the duration of each session.
- We require a computer linked to a projector or smart board so we can slot in our memory stick on arrival.

Furthermore:

- We are not responsible for the behaviour or discipline of pupils.
- Our role is to provide factual and accurate information around substances and their use in an interactive format.
- We take all feedback on board in order to continually improve and keep session content relevant for the audiences involved.
- Our team will be available to answer any sensitive questions or deal with relevant queries after the session or at an arranged later date.
- We appreciate your cooperation and look forward to working with your pupils.